



Transitions: Optimizing Life as an Adult with Autism

Dr. Gary Stobbe

As individuals with autism age into adulthood, many new barriers emerge than interfere with success, happiness, and accessing the community as an adult. To better understand these barriers and to better identify opportunities to promote successful transition to adulthood, Dr. Stobbe will review what is currently known about the autism trajectory, co-occurring medical and mental health conditions, and the balance of assisting our loved ones while at the same time promoting their independence.

About Dr. Gary Stobbe:

Dr. Stobbe is a Board Certified Neurologist sub-specializing in the field of cognitive and behavioral neurology. Dr. Stobbe joined the University of Washington School of Medicine faculty in 2008 and is Clinical Assistant Professor of both Psychiatry and Neurology, specializing in autism spectrum disorders, multiple sclerosis, and traumatic brain injury. In 2009, Dr. Stobbe helped establish the Seattle Children's Autism Center, and currently serves as Director of Adolescent and Adult Services. Dr. Stobbe also helped establish the UW Medicine Adult Autism Clinic and is currently serving as Medical Director, and is the Director of the Adults and Elders Program at the University Center for Excellence in Developmental Disabilities at UW. Research experience includes numerous medication treatment clinical trials in autism as well as health care systems and delivery.

Suggested Reading:

Roux, A.M., Shattuck, P.T., Rast, J. E., Rava, J. A., and Anderson, K.A. (2015). National Autism Indicators Report: Transition into Young Adulthood. Philadelphia, PA: Life Course Outcomes Research Program, A.J. Drexel Autism Institute, Drexel University.

Details

Date: Thursday, May 26, 2016

Time: 7:00-8:30pm

Location: Ryther
2400 NE 95th Street
Seattle, WA 98115

Light refreshments served

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www.aspiringyouth.net
206.517.0241
info@aspiringyouth.net

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